

HEALTH GOOD PRACTICE GUIDE



You deserve the best

Global Solutions

Protecting the present to ensure the future.

INTRODUCTION

Now more than ever, our employees' health and safety is at the heart of our concerns. To guarantee their safety as much as possible, we have set up health regulations that are outlined within this document.

Thank you in advance for your understanding and support.



You deserve the best

Global Solutions

DO NOT MAKE PHYSICAL CONTACT WITH THE CLIENT

The client must not touch or handle anything for the duration of the removal.



REMINDER

2 people max. in the home

In addition to the movers,
1 person max. per room.



SAFE DISTANCES DURING TRANSPORT



1 person
in the LDV



1 person
in the cab



2 persons max. in the cab
Do not use the middle seat



Favour individual modes of transport. If necessary, use your personal vehicle.



1 person per personal vehicle

BARRIER GESTURES

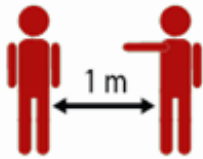
BARRIER GESTURES

Wash your hands Frequently



Soap and water Hydroalcoholic hand sanitiser

Keep your distance



Minimum 1m

Wear a mask and gloves



Replace them frequently

Avoid touching your face




Mouth – Nose – Eyes

Avoid physical contact



Hugs Handshakes

Cough or sneeze into your elbow



Achoo

Use tissues to blow your nose



Disposable tissues

Throw your tissues into a dustbin



CLEANING

Clean your area frequently: office and home



Handles, light switches, bins

Clean IT equipment with appropriate products



Keyboard, phone

Clean your vehicles frequently



Steering wheel, gearshift, door handles, etc.

TRAVEL

Limit your travel to essential trips only



Doctors People at risk Essential purchases

Respect the rules of confinement



1km max. from home No gatherings

CONCLUSION

TO DO

- Observe the safety distances: at the client's home, in warehouses, at petrol stations.
- Expect to be in contact with your company constantly in order to inform them of and manage any contingencies.
- Make sure you are the only one to open and close the truck's rear doors.
- Avoid direct or indirect physical contact with the client, especially during loading and unloading (disposable pens, trolley, handling of cartons and furniture, etc.).
- Do not touch your face before washing your hands (with soap and water, wipes or hydroalcoholic sanitiser) at least after each handling. Dispose of the waste in a refuse bag in the cab and clean the equipment (dolly, handling equipment) especially those areas that are frequently touched.
- Supplies (cardboard boxes, tape, string) are to be placed in the truck prior to departure and must not be handled without gloves under any circumstances.
- Do not use a moving blanket, preferably use bubble wrap.

TO CHECK

- Take team members' temperatures before departure and upon arrival.
- Use the checklist to make sure all the sanitising equipment is in the truck and ready for the next move (e.g. water, soap, hydroalcoholic sanitiser and other consumables).
- Clean the passenger compartment.
- Increase the frequency of vehicle inspections (tires, windshield, wipers, etc.) to avoid having to go to the garage for an unscheduled visit.
- Remove waste when you return, clean the passenger compartment, restock the various kits (water, soap, hydroalcoholic sanitiser and other consumables).
- Provide feedback and share experiences of the day's incidents in order to adapt procedures and measures.